# **BRFSS Fact Sheet**

### **Health Care Access**



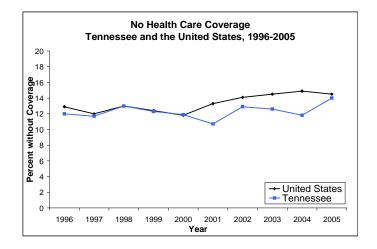
Tennessee Department of Health

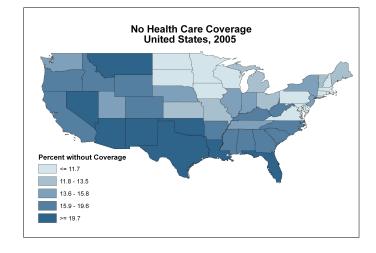
Cordell Hull Bldg. 425 5<sup>th</sup> Avenue North Nashville, TN 37243

http://state.tn.us/health

Access to health care services often depends on whether a person has health insurance. Uninsured people are less likely to have had a recent medical visit. They are more likely to be in poor health and have an increased risk of premature death. One of the Healthy People 2010 objectives is to increase the proportion of persons with health insurance to 100%. Improving access to and utilization of care is important for eliminating health disparities and increasing the quality and years of healthy life for all Tennesseans.

- In 2005, 14.0% of adults in Tennessee were uninsured, compared to 14.5% for the United States.<sup>2</sup> This was the highest percentage of adults without health care coverage in Tennessee in the past 10 years.
- Among all 50 states, the percentage of uninsured adults ranged from 28.5% in Texas to 7.0% in Minnesota. Compared to other states, Tennessee had the 28<sup>th</sup> highest percentage of uninsured adults.
- The percentage of uninsured males (14.8%) was slightly higher than that of females (13.2%).
- Blacks (17.8%) were more likely than whites (12.5%) to be uninsured.
- Young adults aged 18-24 (27.4%) were more likely to be uninsured than older adults. Approximately 14-16% of persons 25-54 years old were uninsured, followed by 10.7% of 55-64 year olds, and 3.5% of those 65 years and older.
- The percentage of adults without health care coverage decreased with increasing annual household income, from 30.4% among those with an income of \$15,000-24,999 to 1.8% among those with an income of \$75,000 or more. 22.0% of those with an income of less than \$15,000 had no health care coverage.





#### References:

1. U.S. Department of Health and Human Services. Healthy People 2010: Understanding and Improving Health. 2nd ed. Washington, DC: U.S. Government Printing Office, November 2000.

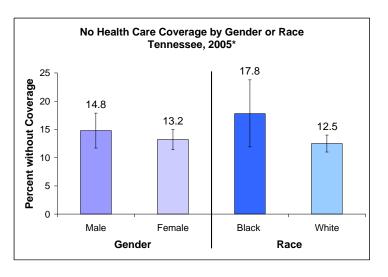
2. Centers for Disease Control and Prevention (www.cdc.gov/brfss)
U.S. data includes DC and territories.

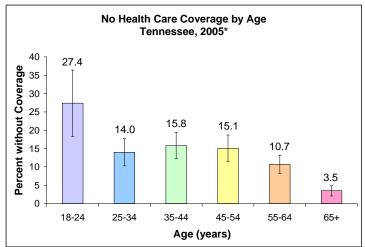
Prepared by the Tennessee Department of Health; Office of Policy, Planning and Assessment; Surveillance, Epidemiology and Evaluation section based on 2005 TN Behavioral Risk Factor Surveillance System data.

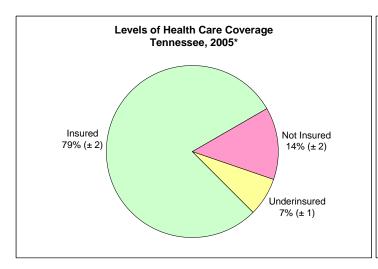
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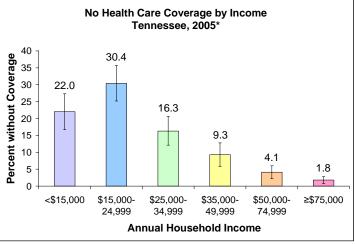
### **Health Care Access**

- The percentage of adults without health care coverage decreased with increasing education, from 21.3% (± 5.5)\* among those with less than a high school education to 6.8% (± 1.8) among college graduates.
- 8.5% (± 1.3) of persons *with* health insurance reported that they were unable to see a doctor within the past 12 months because of cost (i.e. they were *under* insured). This represents approximately 7.4% (± 1.1) of the total population.
- The percentage of persons reporting a routine medical checkup in the past 12 months was greater for those with health care coverage (79.0% ± 1.9) than for those without health care coverage (60.7% ± 6.5).
- The percentage of persons reporting their health status as fair or poor was similar in those with health care coverage  $(19.3\% \pm 1.6)$  and in those without coverage  $(20.5\% \pm 4.6)$ .
- Participants were asked if they were unable to see a doctor during the past 12 months because of cost. Among those who said yes, 33.5% (± 5.4) reported their health status as fair or poor, compared to 17.4% (± 1.4) of those who said no.









<sup>\*</sup>The number above each column indicates the percent value for that column. Error bars represent 95% confidence intervals, as do ranges for percentages given in the text.